

The book was found

Recipes From Puerto Rico: Pasteles "Step By Step"



Synopsis

A number of foods are considered classic Puerto Rican cuisine, but there are few that are as special or as legendary as pasteles. Often served during Christmas celebrations, pasteles has been enjoyed in the Caribbean for thousands of years. Prehistoric records show that versions of this traditional dish were eaten as early as 5000BC. Correctly making pasteles is a true art form, one that is usually taught by one generation to the next in Puerto Rican families. Now, the secret to making perfect pasteles is finally available for all to learn with "Recipes from Puerto Rico: Pasteles Step by Step." Written by Puerto Rican cookbook author Iris Cruz, this cookbook is an easy-to follow guide that outlines the proper way to prepare pasteles from scratch. It begins with selecting and preparing plantain or banana leaves and then describes how to produce annatto grain oil and make the dough. The cookbook provides seven dough recipes, giving home cooks the freedom to experiment with different varieties. "Recipes from Puerto Rico: Pasteles Step by Step" continues on to describe how to prepare filling, how to wrap pasteles and how to properly cook them. Each step is illustrated and clearly described, making it easy for anyone to follow the guide and make perfect pasteles on the very first try. Whether you've never tasted pasteles before or have longed to make your own version of this traditional dish for years, you're sure to enjoy "Recipes from Puerto Rico: Pasteles Step by Step" and learning how to make this classic staple of special occasion Puerto Rican cuisine. Purchase and download your copy today!

Book Information

File Size: 2480 KB

Print Length: 52 pages

Publication Date: May 16, 2015

Sold by:Â Digital Services LLC

Language: English

ASIN: B00XT01HBO

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #207,549 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #8 inÂ Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Regional & International > Caribbean & West

Indian #38 in Books > Cookbooks, Food & Wine > Regional & International > Caribbean & West Indian #96 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Vegan & Vegetarian > Vegetables

[Download to continue reading...](#)

MySQL Explained: Your Step-by-Step Guide Machine Learning with R Cookbook - 110 Recipes for Building Powerful Predictive Models with R PHP and MySQL Programming for Beginners: A Step by Step Course From Zero to Professional (Programming is Easy Book 5) Go Pro Camera: Video editing for Beginners: How to Edit Video in Final Cut Pro and Adobe Premiere Pro Step by Step Unity 5 From Zero to Proficiency (Foundations): A step-by-step guide to creating your first game with Unity. Publishing eBooks Concept to Cash-Flow: How to Publish Your eBook on Kindle Step-by-Step From Start to Finish Cisco ASA for Accidental Administrators: An Illustrated Step-by-Step ASA Learning and Configuration Guide Raspberry Pi: 101 Beginners Guide: The Definitive Step by Step guide for what you need to know to get started (Raspberry Pi, Raspberry, Single Board Computers, ... Pi Programming, Raspberry Pi Projects) Raspberry Pi 2: 101 Beginners Guide: The Definitive Step by Step guide for what you need to know to get started How to Build a Website from Scratch: A Step by Step Guide (Building Your Business Series Book 1) WordPress Websites: A Step-By-Step Guide to Creating a WordPress Website With No Coding in Under 2 Hours Hosting Static Websites on AWS: A Step by Step Guide for Non-Geeks Superfoods Cookbook: Over 95 Quick & Easy Gluten Free Low Cholesterol Whole Foods Recipes full of Antioxidants & Phytochemicals (Natural Weight Loss Transformation Book 29) CROCKPOT DUMP MEALS: Delicious Dump Meals, Dump Dinners Recipes For Busy People (crock pot dump meals, crockpot dump dinners, dump dinners) Fire Stick: Fire TV Stick Made Easy - The Ultimate Step-By-Step User Guide To Mastering Your Fire Stick In Less Than A Day! (How To Use ... Fire TV Stick User Guide, Streaming) Vegan Richa's Indian Kitchen: Traditional and Creative Recipes for the Home Cook Made in India: Recipes from an Indian Family Kitchen Build Your Own Gaming PC: The step-by-step manual to building the ultimate computer Hey There, Dumpling!: 100 Recipes for Dumplings, Buns, Noodles, and Other Asian Treats The Food of Taiwan: Recipes from the Beautiful Island

[Dmca](#)